

When you are on the Foothills Trail:

- Maintain a social distance of at least 6 feet, regardless of the behavior of others.
- Wearing a face mask is highly recommended.
- Share the trail — warn other trail users of your presence, step to the side or wait at the end of a bridge until others have passed.
- Do not enter restrooms until others have cleared out.
- Touch as few surfaces as possible.
- Wash or sanitize your hands frequently.
- Do not share equipment like hiking poles, water bottles, phones, cameras with others.
- Stay at home if you are exhibiting symptoms or do not feel well.
- Practice Leave No Trace principles.
- Drink plenty of water and stay hydrated.
- Be prepared for changing weather conditions.
- Report trail maintenance issues to:
maintenance@foothillstrail.org
- Call 911 if you have an emergency.

Thank you for being a part of the Foothills Trail Conservancy and following these safety guidelines.